



E-SPRINTER

A newsletter of the Health and Physical Education Council of the Alberta Teachers' Association

November 2012

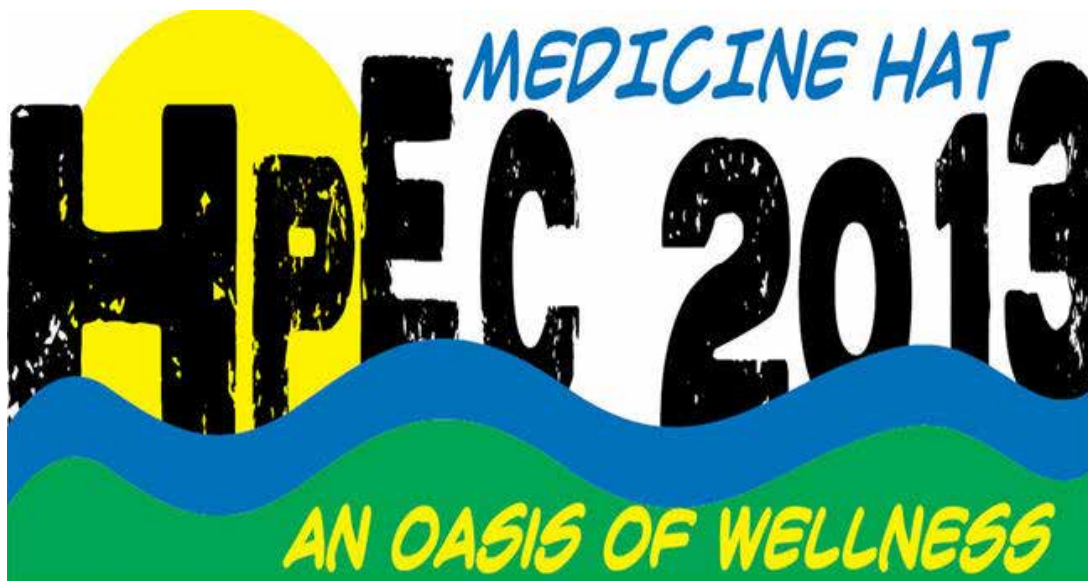
Welcome back to another wonderful year of teaching and learning! I am thrilled to be the president of the Alberta Health and Physical Education Council. For HPEC, this year brings about more opportunities to connect and learn about our passions in HPE. As we strive to have representation throughout the province, our council continues to be vibrant and growing. We are fortunate to have an outstanding executive whose members are willing to present their expertise and work throughout our province to ensure that Alberta's teachers are receiving professional, high-quality health and physical education professional development opportunities.

Recently, at our "Thinkers" retreat, the HPEC executive continued work on our strategic plan. Some highlights are listed below:

- Continue to develop the content of the newly launched website (www.hpec.ab.ca).
- Consider how to best meet the needs of members through membership services.
- Help regional representatives fulfil their roles provincially.

We welcome your feedback on these and other concerns about health and physical education. I urge you to visit our new website and to encourage your colleagues to take advantage of the *free* membership in HPEC and become involved in this outstanding council. I look forward to meeting you at the annual HPEC conference, "An Oasis of Wellness," in Medicine Hat, from May 3 to 5, 2013.

Jessica Badzgon



EverActive Schools

Shaping the Future 2013

Engaging Healthy School Communities

January 24–26, 2013

Kananaskis, Alberta

Ever Active Schools and provincial partners will host a number of influential keynote speakers, concurrent sessions and panel discussions with delegates from various health, education and active living sectors from Alberta, Canada and abroad.

Specifically, this year's conference will encompass the four pillars of comprehensive school health—teaching and learning, social and physical environment, healthy school policy, and partnerships and services. As always, this highly anticipated annual event will also draw a large amount of support from sponsors and exhibitors representing mental health, nutrition, education, wellness, active living and recreational organizations.



HPEC Promoting School Wellness Award

The Alberta Health and Physical Education Council (HPEC) and Ever Active Schools (EAS) would like to honour an HPEC member who has demonstrated the promotion of wellness within his or her Alberta school in an exemplary way.

Nominations are being sought for a person who uses a comprehensive school health (CSH) approach in the school. This person has shown exemplary efforts in promotion and modelling of CSH priorities—active living, healthy eating and creating positive social environments—which has enabled students to develop lifelong learning skills.

Winners will be honoured and receive their award at the EAS “Shaping the Future” conference, in Kananaskis, Alberta on January 25, 2013. **The deadline for submissions is December 5.**



HPEC Website

New and improved communication tools by HPEC for you! To stay up to date with HPEC workshops and the annual conference; HPEC publications including the *Runner*, the *Sprinter* and position papers; HPEC awards; and HPEC membership, including the ATA free specialist council membership opportunity, please take a minute to visit HPEC on the web, Facebook and Twitter. Bookmark www.hpec.ab.ca, HPEC's newly redesigned website; like our HPEC Facebook page, www.facebook.com/pages/HPEC-Health-Physical-Education-Council-Alberta-Teachers-Association/217800098281245; and follow our Twitter feed, <https://twitter.com/AlbertaHPEC>.



Meet the Regional Representatives



Athabasca: Wade Hicks

Calgary City: Jennifer Wallace and Nancy Jarvis

Central East: Brad Burns and Jayson Boyson

Palliser: Vacant

Red Deer: Dustin Deveroux and John Mauro

Greater Edmonton: Mark Huculak and Kim Hordal

Mighty Peace: Scott Randall and Matt Snider

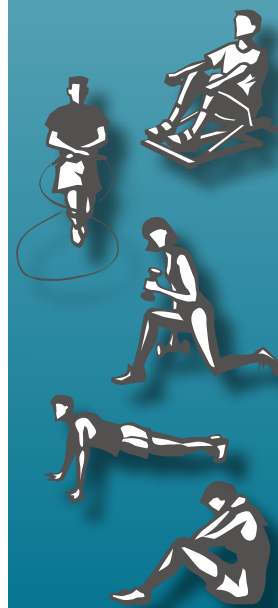
North Central: Dylan Dellezay and Erik Larson

North East: Vacant

South East: Vacant

South West: Corey Rowe

To contact the regional representative in your area, please visit www.hpec.ab.ca for contact information.





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