

## TQS

**2 | Engaging in Career-Long Learning** A teacher engages in career-long professional learning and ongoing critical reflection to improve teaching and learning, and completes professional learning on the code of professional conduct for teachers and teacher leaders.

**3 | Demonstrating a Professional Body of Knowledge** A teacher applies a current and comprehensive repertoire of effective planning, instruction and assessment practices to meet the learning needs of every student.

**4 | Establishing Inclusive Learning Environments** A teacher establishes, promotes and sustains inclusive learning environments where diversity is embraced and every student is welcomed, cared for, respected and safe.

**GOAL:** By [INSERT DATE] I will have increased my pedagogical knowledge in Physical Activity and Wellness by using current best-practices to create a caring, welcoming, and inclusive environment for all students and participants.

### STRATEGIES

- Join HPEC Specialist Council
- Attend HPEC Drive in Workshops
- Attend HPEC Conference May 9-11th in Edmonton, AB
- Liaise with Regional Representative (HPEC) to discuss best practices for my classroom.
- Work within District with Learning Leaders, Consultant etc.

### TIMELINE

Fall 2023 - Attend Drive In Workshop

May 2023 - Attend HPEC conference

ALL YEAR - Liaise with HPEC RRs for guidance and support

### INDICATORS OF SUCCESS

- Increased student participation
- Lessons are grounded in current, best practices
- Students are able to actively connect positive attributes of physical activity and wellness to their own lives