## A MESSAGE FROM THE GOVERNMENT OF ALBERTA

The Government of Alberta welcomes all delegates to the Alberta Teachers' Association's Health and Physical Education Council's annual conference.

*"Life is a Journey – Let it be ACTIVE"* is a most appropriate theme for the conference, as well as wise advice for anyone who wants to live their best life. Well-being plays a critical role in everyone's quality of life. For students, it has a significant impact on their ability to learn and reach their full potential in school and plays a role in shaping their future. If students establish a desire for a healthy, active lifestyle and lifelong learning, they are more likely to grow into well-rounded and successful adults.

The Government of Alberta is proud to recognize a conference that is dedicated to supporting the well-being of all Alberta's students, and recognizes the efforts of educators to enhance health and learning outcomes. Thank you for your ongoing commitment to the well-being of your students. Best wishes for a successful and enjoyable conference.

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